

## Helpful Tips When Donating

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*Thank You for Your Support!*

Helping Hands Health and Wellness Center, Inc.

1421 Morse Rd.  
Columbus Ohio 43229  
[www.helpinghandsfreeclinic.org](http://www.helpinghandsfreeclinic.org)  
614-262-5094  
[helpinghandsfreeclinic@hotmail.com](mailto:helpinghandsfreeclinic@hotmail.com)

The Mission of Helping Hands Health and Wellness Center is to be the caring hands of Jesus to provide medical care, counseling, social services and health education to those with needs.

*Operation Helping Hands*



**Give a Lifting Hand**

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*Donate your unwanted items.*

*Support Helping Hands Health and Wellness Center to provide free health care, counseling and social services to your friends and neighbors who are uninsured/underinsured.*



## ITEMS WE TAKE

Clean and Usable Furniture

- Linens/Bedding/Towels
- Blankets/Sheets/Throw Pillows
- Antiques/Collectibles/Books
- Jewelry/Clocks
- Small working appliances
- Large working appliances
- Dishes/Silverware, Pots & Pans, Utensils
- Pictures, Paintings, Home Decorations
- Toys/Board Games
- Bicycles/Skateboards/Scooters
- Ice Skates/Roller Skates
- Sporting Equipment
- Musical Instruments
- Fitness Equipment
- Tools/Toolboxes
- Land
- Boats, cars

**Please Note:** This list is to be used as a **guideline**. There may be items not listed that we may or may not be able to utilize. If you would like to donate, please contact our management team at:  
**helpinghandsfreeclinic@hotmail.com**

or call **614-262-5094**

## HOW TO SCHEDULE A PICK-UP

To schedule a pick up of your item/s you can call our office at 614-262-5094 or email us at [helpinghandsfreeclinic@hotmail.com](mailto:helpinghandsfreeclinic@hotmail.com)

We will return your email /call, take your information and set you up with a date for pick-up.

You will be given a thank you form at time of pick-up that can be used for your tax deductions.

### IT IS THAT SIMPLE...

Our calling hours are: 9 A.M. to 5 P.M. ,

Monday—Friday

Our pick-ups are scheduled for every Friday and Monday . **Please note that pick-ups scheduled for the Monday the day before auction are only until noon.**

**All Items Are Sold At Auction Live or Online to support the clinic**

Romans 12:8

If a man's gift is contributing to the needs of others let him give generously.

## PHONE NUMBERS YOU MIGHT WANT TO KNOW...

### Trash

#### The Solid Waste Authority of Central Ohio

Recycling locations, guidelines and lots of other information how to get rid of things properly and safely.

<http://www.swaco.org/>

### **Scheduling Columbus Bulk Pickup**

Dial 311 if using cell phone dial 614-645-3111

### General Recycling and Recycling of Appliances, Computers, & Scrap Metals

Sims Brothers

[Delaware - Phone: \(740\) 363-9192](http://www.simsbros.com)

[Columbus - Phone: \(614\) 237-2330](http://www.simsbros.com)

<http://www.simsbros.com>

### Recycling

#### Electronics, Computers, Cords

Some have charges for TVs or don't accept them at all so please call first.

<http://www.ohiodropoff.com/> for a fee

<http://www.salvationarmy.org/> will pick up for free

