

Helping Hands



Helping Hands Health & Wellness Center is a free medical clinic for ADULTS ONLY (18+).

5100 Karl Road, Columbus, OH 43229

614-262-5094

www.helpinghandsfreeclinic.org

FREE Doctor Visit or Check-Up

Tuesdays from 8 - 9 AM

Thursdays from 3 - 4:30 PM

---Bring ID---

---Bring List of Current Medications---

TB Skin Testing

Tuesdays from 11 AM - 1 PM

---Bring ID---

---Bring \$8 CASH Donation---

Physical Exams for Work or School

Call to schedule: 614-262-5094

Women's Health Exam

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