

November 3, 2022

Helping Hands Health and Wellness Center
Attn Allison Smith, Operations Manager
5100 Karl Road Columbus, Ohio 43229

Dear Helping Hands Health and Wellness Center,

We received a request to provide you with written details regarding the usage of our products after the best by date. I am happy to help and provide that for you. The best by date listed on our products is specifically intended for potency purposes. A product is guaranteed to contain 100% of the nutrients and amounts listed on the label up to that date. Once that date passes the product will gradually lose potency over time. It is up to your personal preference if you would like to continue consuming the product as they do not go bad and can be consumed after that date. I hope this has been helpful, please let us know if there is anything else we can assist you with. For more information please email, chat, or contact our Customer Care Center at 1.800.800.1200 at your earliest convenience to speak with our knowledgeable Vitamin Specialists. Our Call Center hours of operation are from 6am - 6pm (PST) 7 days a week. Our Chat and Web Customer Service hours of operation are from 6am - 6pm (PST) 7 days a week.

Thank you for your business and have a healthy day,

ProCaps Laboratories